

January 2022

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Office Hours
Mon-Thurs 10am-4pm
Fridays 10am-2pm

Sun.	Monday	Tuesday	Wednesday	Thurs.	Fri.	Sat.
1PM OPTH 5PM Dinner Church 2	8-30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 3	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting 4	8-30AM Zumba Gold 10-30 AM Tai Chi 1PM Engaging Aging 2-30pm Ping Pong 5	6	7	1 10-3pm Saturday Market 8
5PM Dinner Church 9	8-30AM Zumba Gold 9-30AM-4pm Foot Care 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 10	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting 11	8-30AM Zumba Gold 10-30 AM Tai Chi 1PM Engaging Aging 2-30pm Ping Pong 12	13	14	15
5PM Dinner Church 16	8-30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 17	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting 18	8-30AM Zumba Gold 10-30 AM Tai Chi 1PM Engaging Aging 2PM P.A.C.K. 2-30pm Ping Pong 19	1PM Men Widowers meet and greet 6PM American Legion Post 200 20	6-30PM Family Bingo 21	22
5PM Dinner Church 23 5PM Dinner Church 31	8-30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 7PM NMCV 24	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 5PM Board Meeting 7pm NA Meeting 25	8-30AM Zumba Gold 10-30 AM Tai Chi 1PM Engaging Aging 2-30pm Ping Pong 26	27	28	29

The HUB
111 NE Old Belfair Hwy
PO Box 2697
Belfair, WA 98528

360.275.0535
Facebook.com/The.HUB.Belfair
HubHappenings.org

American Legion Post 200 **3rd Thursdays at 7PM**

Meets on the 3rd Thursday of each month at the HUB at 7 pm. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@yahoo.com

Dinner Church **Sundays at 5PM**

Free dinner by The Dinner Church. Small service afterwards.

Engaging Aging **Wednesdays at 1 PM**

Free Class. Each week features a new guest speaker. Come down and join us or watch us on Facebook Live.

Family Bingo All Ages! 3rd Fri. of the month at 6:30 PM

\$5 plays all games! If you come in dressed in the theme you will be entered into our raffle! January theme is Sports! Come show off your favorite sports team! There will be lots of prizes to win! We will have food, snacks, and beverages for purchase. Tickets available online at [Eventbrite.com](https://www.eventbrite.com) (just search google and we're usually one of the first ones listed) and in person at The HUB.

Foot Care **Once a month by appt only**

The HUB does NOT schedule appointments. Please schedule all your appointments online at www.myfootcarenurse.net or call Pam Lindgren, RN CFCS 360-286-8403

OPTH **Ages 12+, Meeting is 1st Sunday at 1 PM**

Cost: OPTH (Olympic Peninsula Treasure Hunters)) is a non-profit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

Live Music & Dancing **Mondays & Tuesdays at 10 AM**

Cost: \$1 for members, and \$3 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians. Tuesday's are a different bands that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

Lunch at The HUB **All Ages** **Tuesdays at 12 PM**

Cost: \$3 Drive thru option available for those not wanting to come in.

Men's Widowers Meet and Greet **January 20th at 1pm**

FREE! This is for all men who have lost a partner. It's for any age and not limited to seniors. Come and meet others who know how you feel. We'll also discuss the possibility of starting a support group if there's a need for it in the community.



Mahjong **Tuesdays at 1 PM**

Every Tuesday from 1pm until 4pm. Free for members, \$1 for non-members. All skills levels welcomed! Instructions available.

Memoir Writing Club **Ages 18+** **Mondays at 1 PM**

Cost: \$3 for non-members, \$1 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. They also help make our newsletter! Must bring your own preferred writing tools.

NMCV (NM Community Voice) Ages 15 4th Monday at 7PM

We bring speakers to our meetings to inform and educate our community on issues important to our community.
<http://www.nmcommunityvoice.org/>

P.A.C.K **3rd Wednesdays from 2-4PM**

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to help hand out pet food for those who need it.

Ping Pong **All Ages** **Wednesdays at 2:30 PM**

Cost: \$1 for members, \$3 for non-members. We have all the equipment needed in our great room. Feel free to pull everything out on Wednesdays that you guys like, but please put it back at the end.

Salad Bar **All Ages** **Mondays at 12 PM**

Cost: \$3 for a small and \$5 for a large.

Saturday Market **2nd Saturdays from 10-3PM**

Come down and shop at the Saturday Market. They will be at The HUB the 2nd Saturday of every month. This is a rental, The HUB cannot sell vendor spots.

****Tai Chi**** **Ages 18+** **Wednesdays 10:30 AM**

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

****Zumba Gold**** **Ages 2+** **Mon/Wed @ 8:30 AM**

Cost: \$3 per class for members and \$5 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness: Cardiovascular, muscular conditioning, flexibility, and balance.

Happy New Year!

Classes may change on occasion.
Follow us on Facebook for the latest info..