1PM Memoirs 7PM NMCV

March 2022

Office Hours Mon-Thurs 10am-4pm Fridays 10am-2pm

Sun.	Monday	Tuesday	Wednesday	Thurs.	Fri.	Sat.
5PM Dinner Church	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2:30pm Ping Pong 2	3	4	5
1PM OPTH 5PM Dinner Church	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 7	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2:30pm Ping Pong 9	10	11	10-3pm Saturday Market
5PM Dinner Church	8:30AM Zumba Gold 9:30AM-4pm Foot Care 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2PM P.A.C.K. 2:30pm Ping Pong	6PM American Legion Post 200 St. Patrick's Day 17	6:30PM Family Bingo	19
5PM Dinner Church	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 21	10AM Live Music & Dancing 12PM Lunch 1PM Mahjong 5PM Board Meeting 7pm NA Meeting 22	8:30AM Zumba Gold 10:30 AM Tai Chi 1PM Engaging Aging 2:30pm Ping Pong 23	12PM SHIBA 24	25	26
5PM Dinner Church	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	The HUB 111 NE Old Belfair Hwy			36	ed to calendar 0.275.0535 HIIR Relfair

Belfair, WA 98528

360.275.0535 Facebook.com/The.HUB.Belfair **HubHappenings.org**



















American Legion Post 200

3rd Thursdays at 7PM

Meets on the 3rd Thursday of each month at the HUB at 7 pm. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@yahoo.com

Dinner Church

Sundays at 5PM

Free dinner by The Dinner Church. Small service afterwards.

Engaging Aging March 23rd at 1 PM

Free Class. Each week features a new guest speaker. Come down and join us or watch us on Facebook Live. 23rd is a lady who has been published who will share her experience with how to get her book published on her own!

Family Bingo All Ages! 3rd Fri. of the month at 6:30 PM \$5 plays all games! March's theme is Bad Luck Bingo! Come in wearing green or bring in a good luck charm to be entered into our raffle! There will be lots of prizes to win! Concession Stand. Tickets available online at Eventbrite.com (just search google and we're usually one of the first ones listed) and in person at The HUB.

Foot Care Once a month by appt only

The HUB does NOT schedule appointments. Please schedule all your appointments online at www.myfootcarenurse.net or call Pam Lindgren, RN CFCS 360-286-8403

Live Music & Dancing Mondays & Tuesdays at 10 AM

Cost: \$1 for members, and \$3 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians. Tuesday's are a different bands that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

Lunch at The HUB All Ages Tuesdays at 12 PM

Cost: \$3 Drive thru option available for those not wanting to come in.

Mahjong

iong Tuesdays at 1 PM

Every Tuesday from 1pm until 4pm. \$1 for members, \$3 for non-members. All skills levels welcomed! Instructions available.

Memoir Writing Club Ages 18+ Mondays at 1 PM

Cost: \$3 for non-members, \$1 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. They also help make our newsletter! Must bring your own preferred writing tools.

NMCV (NM Community Voice) Ages 15 4th Monday at 7PM

We bring speakers to our meetings to inform and educate our community on issues important to our community. http://www.nmcommunityvoice.org/

OPTH Ages 12+, Meeting is 1st Sunday at 1 PM

Cost: OPTH (Olympic Peninsula Treasure Hunters)) is a non-profit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

P.A.C.K 3rd Wednesdays from 2-4PM

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to help hand out pet food for those who need it.

Ping Pong All Ag

Wednesdays at 2:30 PM

Cost:: \$1 for members, \$3 for non-members. We have all the equipment needed in our great room. Feel free to pull everything out on Wednesdays that you guys like, but please put it back at the end.

Salad Bar

All Ages

Mondays at 12 PM

Cost: \$3 for a small and \$5 for a large. Lots of topping choices!

Saturday Market 2nd Saturdays from 10-3PM

Come down and shop at the Saturday Market. They will be at The HUB the 2nd Saturday of every month. This is a rental, The HUB cannot sell vendor spots.

SHIBA March 24th from 12-2:30pm

FREE CLASS- come down and get any questions you may have answered. SHIBA: Statewide Health Insurance Benefits Advisers Medicare presentations at The HUB. Also able to offer one to one appointments after the presentation.

Tai Chi Ages 18+ Wednesdays 10:30 AM

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

Zumba Gold Ages 2+ Mon/Wed @ 8:30 AM

Cost: \$3 per class for members and \$5 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness: Cardiovascular, muscular conditioning, flexibility, and balance.

Classes may change on occasion.
Follow us on Facebook for the latest info...

Mailing address: P.O. Box 2697, Belfair, WA 98528

