# MAY 2022

**Office Hours** Mon-Thurs 10am-4pm Fridays 10am-2pm

Sun.	Monday	Tuesday	Wednesday	Thurs.	Fri.	Sat.	
1PM OPTH 5PM Dinner Church	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2:30pm Ping Pong 3:30PM Crafternoon 4	10:30 AM Card Making	6	11-3pm Spring Fashion Show	
5PM Dinner Church Mother's Day	8:30AM Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2:30pm Ping Pong	12	13	Facebook.com/The	
5PM Dinner Church	8:30AM Zumba Gold 9:30AM-4pm Foot Care 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7pm NA Meeting	8:30AM Zumba Gold 10:30 AM Tai Chi 2PM P.A.C.K. 2:30pm Ping Pong 3:30PM Crafternoon	7PM American Legion Post 200	6:30PM Family Bingo	.HUB.Belfair	
5PM Dinner Church	NO Zumba Gold 10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 7PM NMCV 23	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 5PM Board Meeting 7pm NA Meeting	NO Zumba Gold 10:30 AM Tai Chi 2:30pm Ping Pong	12PM SHIBA	4PM Special needs game night	HubHappenings.org	
5PM Dinner Church	Closed for Memorial Day 30	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7pm NA Meeting 31	See back for prices and more detail. Call with any questions.		Mailing address: Box 2697, Belfair, WA 98528 Rentals not added to calendar		



# APRIL SHOWERS BRING MAY FLOWERS!



American Legion Post 200

3rd Thursdays at 7PM

Meets on the 3rd Thursday of each month at the HUB at 7 pm. Some do come in at 6pm for social time prior if you'd like to come down early. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@yahoo.com

## Card Making



April 5th at 10:30AM

Cost: \$1 for members, \$3 for non-members. All supplies included! Come down and make some fun cards! There will be someone on site to show you how to make different patterns and designs. Can make them your own way or learn a different way to make them.

#### Crafternoon

1st & 3rd Wed. 3:30-5pm

Cost: \$3 for members, \$5 for non-members, The 4th we are decorating wooden light up signs! The 18th we are decorating pillow covers that have also have a spot to put in a picture! \*\*\*Reservations Recommended for guarantee spot\*\*\*

#### **Dinner Church**

Sundays at 5PM

Free dinner by The Dinner Church. Small service afterwards.



Family Bingo All Ages! 3rd Fri. of the month at 6:30 PM

\$1 per game! May's theme is Fiesta Bingo! Come in dress to the theme to be entered into our raffle! There will be lots of prizes to win! Concession Stand. Tickets available online at Eventbrite.com (just search google and we're usually one of the first ones listed) and in person at The HUB.

#### **Foot Care**

Once a month by appt only

The HUB does NOT schedule appointments. Please schedule all your appointments online at <a href="https://www.myfootcarenurse.net">www.myfootcarenurse.net</a> or call Pam Lindgren, RN CFCS 360-286-8403

## \*We are available for Rentals!\*

#### Live Music & Dancing Mondays & Tuesdays at 10 AM

Cost: \$1 for members, and \$3 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians. Varieties of bands that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

## **#**

Mahjong

Tuesdays at 1 PM

Every Tuesday from 1pm until 4pm. \$1 for members, \$3 for non-members. All skills levels welcomed! Instructions available.

#### Memoir Writing Club

Ages 18+

Mondays at 1 PM

Cost: \$3 for non-members, \$1 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. Also, for those just enjoy writing as a hobby! Must bring your own preferred writing tools.

#### NMCV (NM Community Voice) Ages 15 4th Monday at 7PM

We bring speakers to our meetings to inform and educate our community on issues important to our community. http://www.nmcommunityvoice.org/

### OPTH Ages 12+, Meeting is 1st Sunday at 1 PM

Cost: OPTH (Olympic Peninsula Treasure Hunters)) is a non-profit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

#### P.A.C.K

3rd Wednesdays from 2-4PM

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to hand out pet food and supplies for those who needs it.

Ping Pong

All Ages

Wednesdays at 2:30 PM

Cost:: \$1 for members, \$3 for non-members. We have all the equipment needed in our great room. Feel free to pull everything out on Wednesdays that you guys like, but please put it back at the end.

#### Salad Bar

All Ages

Mondays & Tuesdays at 12 PM

Cost: \$3 for a small and \$5 for a large. Lots of topping choices!

#### SHIBA

March 24th from 12-2:30pm

FREE CLASS- come down and get any questions you may have answered. SHIBA: Statewide Health Insurance Benefits Advisers Medicare presentations at The HUB. Also able to offer one to one appointments after the presentation.

**Spring Fashion Show** 

May 7th from 11am-3PM

Cost is \$20 if pre-paid or \$25 at the door. There will also be a light lunch provided, mimosas door prizes, and raffles. Also, The HUB Shop will have amazing items out in the shop that has been saved all year for this Spring Show!

#### Special Needs Game Night Ages 18-40 4th Friday at 4PM

Cost: \$1 + 1 canned food item for the local food bank. Must be out of school and some flexibility for those over 40. Dinner and games provided. A place for those with special needs to get together.

#### \*\*Tai Chi\*\*

Ages 18+

Wednesdays 10:30 AM

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

#### \*\*Zumba Gold\*\*

Ages 2+

Mon/Wed @ 8:30 AM

Cost: \$3 per class for members and \$5 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness: Cardiovascular, muscular conditioning, flexibility, and balance.

Classes may change on occasion.
Follow us on Facebook for the latest info.

