Meets on the 3rd Thursday of each month at the HUB at 7 pm. Some do come in at 6pm for social time prior if you'd like to come down early. They provide Veteran service officer support. family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@vahoo.com

Card Making

July 7th at 10:30AM

Cost: \$1 for members, \$3 for non-members. All supplies included! Come down and make some fun cards! There will be someone on site to show you how to make different patterns and designs. Can make them your own way or learn a different way to make them.

Certified Mobile Notary 2nd & 4th Mondays 10-12:30pm

In our lobby! \$10 per signature. Need to have ID Present

2nd & 4th Mondays in July 10-12pm

Cost: \$1 for members, \$3 for non-members, Come down for socialization and have some coffee and meet some new people.

Cancer Support Group Thursdays from 4-5pm

Free Support group. Lets explore together in support of one another. It helps us to recognize that our journey is united and that together we can heal the things that our lives feel are not complete.

1st & 3rd Wed. 3:30-5pm Crafternoon

First class is painting name plates \$5 (\$3 for members) 2nd class is making 4 coasters and is \$15 (\$10 for members)

Dinner Church

Sundays at 5PM

Free dinner by The Dinner Church. Small service afterwards.

Engaging Aging

July 7th 1PM

Free class. Local, licensed Medicare broker. Representing multiple insurance companies. Get all your Medicare/Medicaid questions answered. Will also be on Facebook Live.

Engaging Aging

July 27th 1PM

Free class. Engaging Aging with Guest Speaker: Tiiu Napp. She is an Author, Transformational Coach & Professional Speaker. Learn how to find freedom in your life!

We are available for Rentals!

Family Bingo All Ages! 3rd Fri. of the month at 6:30 PM \$1 per game! July's theme is Christmas in July! Come in dress to the theme to be entered into our raffle! There will be lots of prizes to win! Concession Stand. Tickets available online at Eventbrite.com (just search google and we're usually one of the first ones listed) and in person at The HUB.

Foot Care

Once a month by appt only

The HUB does NOT schedule appointments. Please schedule all your appointments online at www.myfootcarenurse.net or call Pam Lindgren, RN CFCS 360-286-8403

Ice Cream Social

All Ages

July 29th 2-3 PM

Cost: \$3 (\$2 for 2022 members) Come down and enjoy some ice cream with several fun topping choices! Perfect for the whole family to enjoy this summer.

Junk in The Trunk

All Ages

July 23rd 9-2PM

Shop for some treasures from you neighbors and local artist! Huge shopping event, like one very large garage sale! Want to come down and sell? Come pick up an application. \$5-15 to rent a parking spot or table inside to sell your treasures you have lieing around, crafts you made, or 3rd party items!

Live Music & Dancing Mondays & Tuesdays at 10 AM

Cost: \$1 for members, and \$3 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians. Varieties of bands that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

Mahiona



Tuesdays at 1 PM

Every Tuesday from 1pm until 4pm. \$1 for members, \$3 for non-members. All skills levels welcomed! Instructions available.

Memoir Writing Club Ages 18+ Mondays at 1 PM

Cost: \$3 for non-members, \$1 for members. This is a writin workshop for people who want to write and tell the different stories and events from their lives. Also, for those just enjoy writing as a hobby! Must bring your own preferred writing tools.

NMCV (NM Community Voice) Ages 15 2nd Thursdays at 6PM

We bring speakers to our meetings to inform and educate our community on issues important to our community. http://www.nmcommunityvoice.org/

Meeting is 1st Sunday at 1 PM

Cost: OPTH (Olympic Peninsula Treasure Hunters)) is a nonprofit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

3rd Wednesdays from 2-4PM P.A.C.K

P.A.C.K. aka People for Animal Care & Kindness is a nonprofit organization that meets in The HUB Parking lot once a 🗳 month to hand out pet food and supplies for those who need:

All Ages Pina Pona

Wednesdays at 2:30 PM

Cost:: \$1 for members. \$3 for non-members. We have all the equipment needed in our great room. Feel free to pull everything out on Wednesdays that you guys like, but please put it back at the end.

Reverse Mortgage Info July 12th 10am- 1 PM

Table in lobby for free information. Come meet Patricia, a local reverse mortgage specialist. Get all your questions answered!

All Ages Mondays & Tuesdays at 12 PM

Cost: \$3 for a small and \$5 for a large. Lots of topping choices!

The Practice All Ages July 11th 3-5 PM

Cost: \$3 (\$1 for 2022 members) Come listen and dance to our new music as we practice and work out the kinks! Vocals and instruments with Rhodene, Linda, Paul, and Jim. Country and Americana.

Tai Chi Ages 18+ Wednesdays 10:30 AM

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

Zumba Gold Ages 2+

Mon/Wed @ 8:30 AM Cost: \$3 per class for members and \$5 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness: Cardiovascular, muscular conditioning. flexibility, and balance.

Classes may change on occasion. Follow us on Facebook for the latest info.







