

October 2022



Office Hours
 Mon-Thurs 9am-4pm
 Fridays 10am-2pm
 Bingo Friday 12pm-2pm

Sun.	Monday	Tuesday	Wednesday	Thurs.	Fri.	Sat.	
1PM OPTH 5PM Dinner Church 2	10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 3	10AM Live Music & Dancing 10AM Reverse Mortgage 12PM Salad Bar 1PM Mahjong 7PM NA Meeting 4	8-30AM Dance 10-30 AM Tai Chi 2-30pm Ping Pong 5	10-30AM Card Making 2 PM Ningxia Red Class 6	9am Chair Yoga 7	Senior Wood 10am-12pm *For those who signed up last Saturday only 8	
5PM Dinner Church 9	9-30AM-4pm Foot Care 10AM Live Music & Dancing 10am- Certified notary 12PM Salad Bar 1PM Memoirs 10	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7PM NA Meeting 11	8-30AM Dance 10-30 AM Tai Chi 2-30pm Ping Pong 12	10-30AM Paper Crafts 6PM NMCV 13	9am Chair Yoga 10am Coffee Social 14	15	
5PM Dinner Church 16	10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs 17	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7PM NA Meeting 18	8-30AM Dance 10-30 AM Tai Chi 2-30pm Ping Pong 2-4PM P.A.C.K. 19	10-30Am Paper Crafts 2PM Rest & Energy Class 7PM American Legion Post 200 20	HALLOWEEN THEME 6-30PM Family Bingo 21	10am Saturday Market 22	
5PM Dinner Church 23	10AM Live Music & Dancing 10am- Certified notary 12PM Salad Bar 1PM Memoirs 24	10AM Live Music & Dancing 12PM Salad Bar 1PM Mahjong 7PM NA Meeting 25	-NO CLASSES- NM CHAMBER LUNCHEON 26	10-30AM Paper Crafts 5-30pm Belfair Christmas parade meeting 27	9am Chair Yoga NO Coffee Social 28	6-30-9PM Zombie Apocalypse Drive Thru 29	
5PM Dinner Church 30	10AM Live Music & Dancing 12PM Salad Bar 1PM Memoirs Happy HaLLoween! 31	<p>See back for prices and more detail. Call with any questions.</p> <p>*Private Rentals not added to calendar</p>					<p>Mailing Address: P.O. Box 2697 Belfair, WA 98528</p>



American Legion Post 200 **3rd Thursdays at 7PM**

Meets on the 3rd Thursday of each month at the HUB at 7 pm. Some do come in at 6pm for social time prior if you'd like to come down early. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@yahoo.com

Belfair Christmas Parade Meeting **Oct. 27th at 5:30PM**

A meeting with those interested in getting the parade going. If you business/group is interested. Give us a call: 360.275.0535



Card Making **1st Thursdays at 10:30AM**

Cost: \$1 for members, \$3 for non-members. All supplies included! Come down and make some fun cards! There will be someone on site to show you how to make different patterns and designs. Can make them your own way or learn a different way to make them.

Certified Mobile Notary **2nd & 4th Mondays 10-12:30pm**

In our lobby! \$10 per signature. Need to have ID Present

Chair Yoga **Most Fridays at 9AM**

Class by Donation. Class is on most Fridays. Come take a seat and do some exercises you can do while sitting down. In Chair Yoga, you'll go through many yoga poses and exercises that are easy enough for all levels and will help you stay active, alert, and healthy.

Coffee Social **2nd & 4th Fridays**

Cost: \$1 for members, \$3 for non-members. Come down for socialization and have some coffee and meet some new people. (Not available for the 28th)

Dance **Ages 2+ Wed @ 8:30 AM**

Cost: \$3 per class for members and \$5 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Dance class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness: Cardiovascular, muscular conditioning, flexibility, and balance.

Dinner Church **Sundays at 5PM**

Free dinner by The Dinner Church. Small service afterwards.



Family Bingo All Ages! 3rd Fri. of the month at 6:30 PM

\$1 per game! \$7 to play all 8 games! (game 7 & 8 played on same card) **October's theme is Halloween!** Come in dress to the theme to get a bonus bingo card! There will be lots of prizes to win! Concession Stand. Tickets available online at Eventgroove.com (just search google and we're usually one of the first ones listed) and in person at The HUB.



Live Music & Dancing Mondays & Tuesdays at 10 AM

Cost: \$1 for members, and \$3 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians. Varieties of bands that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.



Mahjong **Tuesdays at 1 PM**

Every Tuesday from 1pm until 4pm. \$1 for members, \$3 for non-members. All skills levels welcomed! Instructions available.

Memoir Writing Club **Ages 18+ Mondays at 1 PM**

Cost: \$3 for non-members, \$1 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. Also, for those just enjoy writing as a hobby! Must bring your own preferred writing tools.



Ningxia Red Class **October 6th**

Cost: \$3 (\$2 members) How do we get those nutrients back and support longevity for ourselves and our loved ones? Join Lydia and Steve as they share about the Ningxia Wolfberry, and what it can do to feed your cells and support healthy energy, while encouraging sleep and longevity!

NM Chamber of Commerce Luncheon **October 26th**

Call the North Mason Chambers for more info: 360.552.2377

NMCV (NM Community Voice) **Ages 15 2nd Thurs. at 6PM**

We bring speakers to our meetings to inform and educate our community on issues important to our community. <http://www.nmcommunityvoice.org/>

OPTH **Ages 12+, Meeting is 1st Sunday at 1 PM**

Cost: OPTH (Olympic Peninsula Treasure Hunters) is a non-profit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

P.A.C.K **3rd Wednesdays from 2-4PM**

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to hand out pet food and supplies for those who need it.

Paper Crafts **2nd, 3rd & 4th Thursday 10:30 am**

Cost: \$3 (\$2 members)
1st class- Artist Trading Card Workshop.
2nd class- Junk Journaling- working on the cover
3rd class- Craft of the Month for October- "Paper Bead Making"

Ping Pong **All Ages Wednesdays at 2:30 PM**



Cost: \$1 for members, \$3 for non-members. We have all the equipment needed in our Great Room. Feel free to pull everything out on Wednesdays that you guys like, but please put it back at the end.

Foot Care **Once a month by appt only**

The HUB does NOT schedule appointments. Please schedule all your appointments online at www.myfootcarenurse.net or call Pam Lindgren, RN CFCS 360-286-8403

Rest & Energy Class **October 20th 2PM**

Cost: \$3 (\$2 members) Join Lydia and Steve as they walk through healthy patterns and tools of natural energy and deep rest.

Reverse Mortgage Info **October 4th 10AM**

Table in lobby for free information. Come meet Patricia, a local reverse mortgage specialist. Get all your questions answered!



Salad Bar **All Ages Mondays & Tuesdays at 12 PM**

Cost: \$3 for a small and \$5 for a large. Lots of topping choices!

Senior Wood **October 1st 10AM-12PM**

~10am-12pm ***MUST HAVE SIGNED UP PRIOR*** This is in our parking lot. Beaver's Firewood are donating their time and wood for our local seniors to help keep them warm over the winter. They will load your vehicle for you.

****Tai Chi**** **Ages 18+ Wednesdays 10:30 AM**

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

Zombie Apocalypse Drive Thru **October 29th 6:30-9pm**

Suggested Donation: \$5. Come take a drive through our spooky, kid friendly Zombie Apocalypse Drive Thru! Family fun packs for the first 150 cars!

****Not to late to volunteer to be a zombie at our event!****

We are available for Rentals!

Classes may change on occasion. Follow us on Facebook for the latest info.