**BER 2023** September 2028 Mon-Thurs: 9am-4pm Fridays: Closed except Monday Tuesday Wednesday Thurs. Sun. ्रिक्टि BOGO on **Clothes at** The HUB Shop WEDNESDAYS AT THE HUB 8:30AM Zumba Gold 8:30AM Zumba Gold 10:30 AM Tai Chi **10AM Live Music & Dancing** 12:30PM Alzheimer **10AM Live Music & Dancing** Dance Class **HUB Closing at Noon Caregiver Support** Facebook.com/The.HUB.Belfair | HubHappenings.org 1PM Mahiong Group 50% off at the LABOR DAY Crazy Hat Wacky Wedn **HUB Shop** 8:30AM Zumba Gold 8:30AM **10AM Live Music & Dancing Crazy Hat** See backfor prices and more details **Zumba Gold** 10:30 AM Tai Chi **Swing** 12:30PM Memoirs 9:30AM Medicare Help **Dance Class** Desk **6PM NMCV Gell with any questions** Family **10AM Live Music & Dancing Crazy Hat** Managers gone mad BingO<sub>15</sub> **Monday Sale 1PM Mahjong** 12 8:30AM Zumba Gold 9:30AM-4pm Foot Care 10:30AM Tai Chi 8:30AM Zumba Gold **10AM Live Music & Dancing** 0:30AM Paint & **10AM Live Music & Dancing** 

Resource

WA 98528 IA 98528

the HUB 111 NE Old Belfair Hwy, Belfair, Mailing Address: P.O. Box 2697 Belfair, W

Office Hours

special events

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2PM- P.A.C.K.

(coffee) Sip \*Must pre-register 7PM American Legion

Post 200

ခု & Self Care Fair 9am to **12pm** 

50% off at the HUB Shod

275.0535 5PM 24 **10AM Live Music & Dancing** 

12:30PM Memoirs

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**Managers** gone mad

**Monday Sale** 

**Managers gone mad Monday Sale** 

8:30AM Zumba Gold

**10AM Live Music & Dancing** 

1PM Mahiong

25

1PM Mahjong

11:30 AM Chamber of **commerce Luncheon** 

2 PM Tai Chi **Crazy Hat** 

**Crazy Hat** 

**Wacky Wedn** 

8:30AM Zumba Gold lights on the Town to Drive the Loan Down "A great night out while supporting a great cause! **9AM Senior** 55+ Drivina Class

\*Private Rentals not added to calendar Alzheimer Caregiver Support Group 1st Thurs. 1-3PM

Free support group. Build a support system with people who understand. Develop a support system, Exchange practical information on challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources. For more info call: Debra Jamerson at 360.621.1110

## American Legion Post 200 3rd Thursdays at 7PM

Meets on the 3rd Thursday of each month at the HUB at 7 pm. Some do come in at 6pm for social time prior if you'd like to come down early. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events. Every local Veteran is welcome to join us. Contact info: Post Commander Roy Harrington, 206-817-8815, rcfh55@yahoo.com

## **Card Making**

1st Thursdays at 10:30AM

Cost: \$2 for members, \$5 for non-members. All supplies included! Come down and make some fun cards! There will be someone on site to show you how to make different patterns and designs. Can make them your own way or learn a different way to make them.

**Dinner Church** 

Sundays at 5PM

Free dinner by The Dinner Church. On hiatus until Sept 24th

Halloween Story Writing contest starts on September 1st and goes until October 5th. Max of 1,000 words. Must use The HUB as the story location Theme is The Haunted HUB. For All ages! We will have 2 winners. One for kids 18 and younger and then one for 19+. Each winner will receive a basket full of Halloween goodness valued over \$200. Then out all hose we will have 1 grand prize winner. This person will have Their story to do over the FM broadcast during the Haunted HUB they are thru and will have their story published in our pamphlet.

Resource & Self Care Fair Sat. Sept. 23rd 9AM-12PM

FREE! Come down and get resources from all over our community. We have lots of venders, resources galore, door prizes, a life alert drawings, freebies, vaccines and flu shots, and even a free breakfast on us!



FRAUD ALERT



Family Bingo-All Ages, 3rd Fri. monthly at 6:30PM \$1 per game! \$7 to play all 8 games! (game 7 & 8 played on same card) September's theme is CrAzY hAt! Come in wearing a CrAzY hAt to get a bonus bingo card! There will be lots of prizes to win! Concession Stand. Tickets available online at Eventgroove.com (just search google and we're usually one of the first ones listed) and in person at The HUB.

Foot Care

Once a month by appt only

**August** 

The HUB does NOT schedule appointments. Please schedule all your appointments online at <a href="https://www.myfootcarenurse.net">www.myfootcarenurse.net</a> or call Pam Lindgren, RN CFCS 360-286-8403

**HUB Shop** 

Fri. 1st - BOGO on Clothes (Shoes not included)

Mon. 4th - 50% off Everything.

Sat. 23rd - 50% off Everything.

**Mondays-** Manager Sale- come down and see what amazing sales you could be missing! (Manager special on the 4th is the 50% off everything).

Live Music & Dancing Mondays & Tuesdays at 10 AM

Cost: \$2 for members, and \$5 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

Mahjong

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Tuesdays at 1 PM

Every Tuesday from 1pm until 4pm. \$2 for members, \$5 for non-members. All skills levels welcomed! Instructions available.

Memoir Writing Club Ages 18+ Mondays at 12:30PM
Cost: \$5 for non-members, \$2 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. Also, for those who just enjoy writing as a hobby! Must bring your own preferred writing tools.

NM Chamber of Commerce Luncheon

4th Wednesdays 11:30AM

Call the North Mason Chamber for more info: 360-552-2377 or check online at: https://northmasonchamber.com/

Nightson the Town to Drive the Loan Down
"Algreat night out while supporting a great cause!"
Sept. 28th 5-8PM. Come down and enjoy an Italian dinner and atmosphere. Thanks to Wiseguy Italian Food Trailer who is graciously donating all the food, 100% of all sales go to The HUB. All money will pay towards the principal of our Covid EIDL lone. Great Italian Dinner for a cause!

paghetti, alfredo, soup, salad, brea<mark>d sticks, and cash bar.</mark>

NMCV (NM Community Voice) Ages 15 2nd Tuesdays at 6PM
We bring speakers to our meetings to inform and educate our

community on issues important to our community.

http://www.nmcommunityvoice.org/

OPTH Ages 12+, First Sundays at 1 PM

Cost: OPTH (Olympic Peninsula Treasure Hunters) is a non-profit metal detecting club. For more information email: hoodcanaldetectoristsclub@gmail.com

P.A.C.K 3rd Wednesdays from 2-4PM

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to hand out pet food and supplies for those who need it.

Paint & (coffee) Sip

Sept. 21st at 10AM

Must pre-register for class. Cost \$25. Come paint a cute scarecrow on a slab of wood and relax with some coffee.

Senior Driving Class Friday Sept. 29th from 9am-3pm

Cost: \$20 Benefits: 5-10% discount on car insurance over 2 years. TOPICS COVERED: Texting and driving and other new TSE laws, driving in bad weather, handling emergencies, freeway driving, stop positions, reference points, what to do in case of a collision, road rage, drowsy driving, roundabouts, new traffic signals, head checks, parking maneuvers, insurance, prescription drugs, new vehicle technology and other topics. CONTACT INFORMATION: cell-360-480-5330; GeraldAppl@yahoo.com

**Swing Dance Class** 

Sundays from 12-1PM

Cost: \$3 for members, \$5 for non-members. Come down and learn how to swing dance!

\*\*Tai Chi\*\* Ages 18+ Wednesdays 10:30 AM

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

Wacky Wednesday -Crazy Hat Theme Every Wednesday
Grab a scratch ticket this month for our Wacky Wednesday if
you're wearing a crazy hat!

\*\*Zumba Gold\*\* Ages 2+ Tues & Thurs @ 8:30 AM

Cost: \$4 per class for members and \$6 for non-members. Prepaid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness:

Cardiovascular, muscular conditioning, flexibility, and balance.