

# February 2024

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\*Private Rentals not added to calendar

Office Hours  
 Mon-Thurs: 9am-2pm  
 Fridays: Closed except special events

Sun. Monday Tuesday Wednesday Thursday Fri. Sat.

	<p><b>Store Hours</b>                  Mon-Sat 9:30am-5:30PM  <b>Donation Dock:</b>                  Mon-Sat. 9:30am-4:00pm                  *New Winter Hours</p>	<p><b>Play Fitness Land!</b></p>		<p>8:30AM Zumba                  9:45AM The Inbetween Meditation                  10:30AM Chair Yoga                  1PM Alzheimer Caregiver Support Group</p>	<p><b>Pajama Theme</b>                  6:30PM Family Bingo</p>	<p>BOGO \$0.99 Clothing Sale</p>
<p>1PM OPTH                  5PM Dinner Church</p>	<p>10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad Bar                  1PM Good Grief</p>	<p>8:30AM Zumba                  10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad bar                  12:30PM Memoirs                  1PM Mahjong                  6PM Swing Dance</p>	<p>10:30AM Tai Chi                  Surprise Bingo 3:30PM                  Heart Scratch Ticket Wacky Wednesday</p>	<p>8:30AM Zumba                  9:45AM The Inbetween Meditation                  10:30AM Chair Yoga                  12PM Tech Help                  6PM NMCV</p>	<p>10AM Paint &amp; Sip</p>	<p>HUB Love Fest!                  9AM Pancake Breakfast                  10AM Hearts Bingo                  12PM Valentine Crafts                  50% Off Storewide</p>
<p>5PM Dinner Church</p>	<p>10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad Bar                  1PM Good Grief</p>	<p>8:30AM Zumba                  10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad bar                  12:30PM Memoirs                  1PM Mahjong                  6PM Swing Dance</p>	<p>10:30AM Tai Chi                  Heart Scratch Ticket Wacky Wednesday</p>	<p>8:30AM Zumba                  9:45AM The Inbetween Meditation                  10:30AM Chair Yoga</p>	<p>9AM Widowers Breakfast                  4PM Creative Music Jam</p>	<p>2:30PM Never Too Late For Love:                  Speed Dating Mixer</p>
	<p>BOGO for \$0.99 All Jewelry 2/12-2/14</p>		<p>BOGO for \$0.99 All Jewelry 2/12-2/14</p>			
<p>5PM Dinner Church</p>	<p>10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad Bar                  1PM Good Grief</p>	<p>8:30AM Zumba                  10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad bar                  12:30PM Memoirs/Coffee &amp; Cards                  1PM Mahjong                  6PM Swing Dance</p>	<p>10:30AM Tai Chi                  Surprise Bingo 3:30PM                  P.A.C.K. 2PM-4PM                  Heart Scratch Ticket Wacky Wednesday</p>	<p>8:30AM Zumba                  9:45AM The Inbetween Meditation                  10:30AM Chair Yoga                  12PM Tech Help</p>	<p><b>Dock Closed</b></p>	<p><b>Dock Closed</b></p>
<p>5PM Dinner Church</p>	<p>10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad Bar                  1PM Good Grief</p>	<p>8:30AM Zumba                  10AM Live Music &amp; Dancing                  12PM Soup &amp; Salad bar                  12:30PM Memoirs                  1PM Mahjong                  6PM Swing Dance</p>	<p>10AM Chamber Luncheon                  2PM Tai-Chi                  Heart Scratch Ticket Wacky Wednesday</p>	<p>8:30AM Zumba                  9:45AM The Inbetween Meditation                  10:30AM Chair Yoga</p>	<p><b>*New Classes Added*                  *Led by private instructors*</b>                  Zumba: M/W/F 6PM                  Yoga: M 8AM W/F 9AM</p>	
	<p>50% Off Storewide</p>			<p>50% Off Storewide</p>		

See back for prices and more detail.  
 Call with any questions.

360.275.0535 | Facebook.com/The.HUB.Belfair | HubHappenings.org

The HUB 111 NE Old Belfair Hwy, Belfair, WA 98528  
 Mailing Address: P.O. Box 2697 Belfair, WA 98528

**Alzheimer Caregiver Support Group 1st Thurs. 1-3PM**

Free support group. Build a support system with people who understand. Develop a support system, Exchange practical information on challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources. For more info call: Debra Jamerson at 360.621.1110

**American Legion Post 200 3rd Thursdays at 7PM**

Meets on the 3rd Thursday of each month at the HUB at 7 pm. Some do come in at 6pm for social time prior if you'd like to come down early. They provide Veteran service officer support, family assistance, and involvement in local patriotic and community events.

**NM Chamber of Commerce Luncheon**

4th Wednesdays 11:30AM

Call the North Mason Chamber for more info: 360-552-2377 or check online at: <https://northmasonchamber.com/>

**Creative Music Jam 3rd Friday of the month 4-5:30PM**

Suggested Donation: \$5. Bring an instrument or play one we provide. Bring songs you're working on or learn new skills.

Listen to others and jam together. Please bring snacks to share.

**P.A.C.K 3rd Wednesdays from 2-4PM**

P.A.C.K. aka People for Animal Care & Kindness is a non-profit organization that meets in The HUB Parking lot once a month to hand out pet food and supplies for those who need it.

**OPTH Ages 12+, First Sundays at 1 PM**

Cost: OPTH (Olympic Peninsula Treasure Hunters) is a non-profit metal detecting club. For more information email: [hoodcanaldetectoristsclub@gmail.com](mailto:hoodcanaldetectoristsclub@gmail.com)

**Dinner Church Sundays at 5PM**

Free dinner by The Dinner Church. Small service afterwards.

**Surprise Bingo 1st&3rd Wednesdays at 3:30PM**

\$1 bingo cards \$2 chips/soda/candy \$0.25 popcorn mystery prize bags

**Soup & Salad Bar Mon-Tues 12pm-1pm**

Every Monday and Tuesday after Live Music stay for an hour of lunch and community. With affordable pricing starting at \$3 and a pay what you can option, this nutritious lunch is delicious

**Live Music & Dancing Mondays & Tuesdays at 10 AM**

Cost: \$2 for members, and \$5 for non-members. Join us these mornings from 10-12PM & dance to the tunes of local musicians that play older country music. Monday's featuring old time rock & rock by the Blue Suede Shoes.

**Fitness Land All Month Long!**

For the month of February come get active and play Fitness Land at The HUB! All month long, we want to encourage you to move your body and stay healthy. Take a walk, go to the gym, attend a fitness class at the HUB, or any other fitness related activity will earn you a movement card for Fitness Land. Track your activity, the more active you are, the faster you will be able to move your token along the Fitness Land Board. The 1st place winner will receive a wonderful prize but don't worry, there are no loser in Fitness Land, everyone who participates will be rewarded at the end of the month! Not sure where to start? Take one of the many fitness classes hosted at the HUB on our calendar!

**HUB Shop February**

**Saturday 3rd:** BOGO \$0.99 All Clothing

**Saturday 10th:** 50% off Store Wide

**Monday 12th-14th:** BOGO \$0.99 All Jewelry

**Monday 19th:** 50% Off Store Wide Sale

**Thursday 29th:** 50% off Store Wide

**Mondays:** Manager's Gone Mad Monday sale

**Wednesdays:** Wacky Wednesday, scratcher off theme! At Check out play one of our scratch tickets for great discounts!

**HUB Dates to Remember**

**March 1st - Shamrock Family Bingo!** \$1 per game! \$7 to play all 8 games! (game 7 & 8 played on same card) March's Theme is Shamrocks!

**March 9th - Casino Royale Fundraising Gala!** Party with a Purpose, get your sponsorship paperwork in early for maximum benefit. Tickets start at \$75 and go up to \$100 at the door so make sure to buy yours soon!

**March 30th - The Hopping!** Biggest Easter Bash in Belfair, tons of free family fun!

Don't forget to mark your calendars for our upcoming events!

**Love Fest! February 10th 9AM**

A day of love spent at the HUB! Starting at 9am with a pancake breakfast, \$7 for 18 and under/55 and older, \$10 for all others, leading into heart Breakfast Bingo from 10am to noon(\$1 cards or \$5 for all games!) Photo sessions with Heather Reese Photography, 1 complimentary photo with breakfast admission and \$5 for additional photos! Don't forget the crafts from 12pm to 2pm and all the wonderful silent auction items sure to delight your loved ones!

**\*\*Zumba\*\* Ages 2+ Tues & Thurs 8:30 AM**

Cost: \$4 per class for members and \$6 for non-members. Pre-paid cards are available at the front desk. Perfect for active older adults who are looking for a modified Zumba class that recreated the original moves at a lower-intensity. Come strong. Class focuses on all elements of fitness:

Cardiovascular, muscular conditioning, flexibility, and balance.

**The Inbetween Tuesdays & Thursdays at 9:45AM**

Mindful Meditation that will be every Thursday 9:15-10:15 - Kirsten Styke complimentary class that is scheduled " in between " two other classes that we highly recommend Zumba and Chair Yoga

**Chair Yoga with Beckie Evans Thursdays 10:30AM**

If you can breathe, you can yoga! Join Beckie Evans ERYT-500 for Breath & Balance Chair Yoga every Thursday at 10:30 am at The Hub. Class will be a combination of seated and standing poses using a chair for support. Multiple modifications will be offered, along with the support of props, allowing each participant to have a personalized practice that is appropriate for them. Beckie Evans is an ERYT-500 with twenty five years of personal yoga & meditation practice and twelve years of trauma informed & adaptive yoga teaching experience.

**\*\*Tai Chi\*\* Ages 18+ Wednesdays 10:30 AM**

Cost: \$3 for members. \$5 for non-members. Beginners through advance participants welcome to this ongoing slow movement practice of this 37 posture form developed by Prof. Cheng Man-Ching promotes relaxation, balance, flexibility, and strength. For more info call Sue at 360.427.2955

**Swing Dance Class Tuesday from 6-7PM**

Cost: \$3 for members, \$5 for non-members. Come down and learn how to swing dance!

**Mahjong Tuesdays at 1 PM**

Every Tuesday from 1pm until 4pm. \$2 for members, \$5 for non-members. All skills levels welcomed! Instructions available.

**Memoir Writing Club Ages 18+ Tuesdays at 12:30PM**

Cost: \$5 for non-members, \$2 for members. This is a writing workshop for people who want to write and tell the different stories and events from their lives. Also, for those who just enjoy writing as a hobby! Must bring your own preferred writing tools.

**Widower's Breakfast -Men Only- 3rd Fridays**

A space for Widows, recent or of many years to gather with those who understand. Breakfast, coffee and companionship for men who have lost a spouse. Brought to you by Good Grief

**Good Grief -Women only- Mondays at 1PM**

Free support group for ladies who have lost a partner. Can be recently widowed or have been widowed for many years. Come join ladies who have been where you have been and who understand you.

**Tech Help 2nd & 4th Thursdays at 12PM**

Is your smart phone too smart for it's own good? Having trouble with your laptop, tablet or other electronic devices? Bring your device and your questions, and get some answers!



**Family Bingo-All Ages, 1st Fri. monthly at 6:30PM**

\$1 per game! \$7 to play all 8 games! (game 7 & 8 played on same card) **February's Theme is Pajamas!** Come in your favorite **Jammies** to get a bonus bingo card! There will be lots of prizes to win! Concession Stand. Tickets available online at [Eventgroove.com](http://Eventgroove.com) (just search google and we're usually one of the first ones listed) and in person at The HUB.

**Classes may change on occasion. Follow us on Facebook for the latest info.**

